

## *Top 5 Reasons to Get a Spiritual Director*

1. You walked a Labyrinth and have lots of questions about the way it moved you and opened you to your Inner Spirit in a way you'd never experienced before.
2. You lost your (choose one or more)  
job/partner/spouse/love/pet/child/parent/reason for living/\_\_\_\_\_.
3. You decided to go back to the church of your childhood and it wasn't there anymore.
4. Your friends change the subject when you ask spiritual questions that have been bugging you. OR Your partner's eyes glaze over when you try to share your spiritual experiences.
5. You called God and there was no answer.

*Your own Reason, whatever it is, is completely valid and will be held as sacred.*